



Resolution for Mandatory Menstrual Pads in Bathrooms

22-23-02

Whereas: A core Jesuit value of USF is *Cura Personalis*, which is care for the whole person, including their physical and mental wellbeing; and

Whereas: Menstrual health refers to the care for an individual's physical and mental health while menstruating, including the access to proper materials as well as a destigmatized environment; and

Whereas: 1 in 10 college students struggle to afford menstrual products on a monthly basis¹, which can affect their mental well-being; and

Whereas: Access to proper materials includes pads, as not everybody who menstruates is comfortable using tampons; and

Whereas: A core value³ at USF is “diversity and inclusion”, and having menstrual products readily available in all bathrooms (men's, women's, and gender neutral) would increase inclusivity on campus; and

Whereas: Went to all bathrooms in all academic buildings on campus on 9/27 and only found 17 pads across all bathrooms (0 in men's, 17 in women's, and 0 in gender neutral bathrooms); and

Whereas: Stated by student Isabella del Rosario '22:

“Over my past four years at USF, seeing tampons and pads in the bathroom has, unfortunately, been a rarity. Coming from an all-girls high school, it was standard practice for the school to frequently stock both the men's and women's bathrooms with menstrual hygiene products, and this was to ensure the basic needs of all students and staff were met at all times. However throughout my college years, I had not received the same experience. There have been several times where a fellow student or myself has needed a menstrual hygiene product sometime throughout the day, and were disappointed and inconvenienced to find that none of the school's bathrooms contained pads or tampons. Not only is having these products available to students serving people's basic physical needs, but also supports the inclusion and uplifting of various student identities in regards to sex, gender, age, etc.”

¹From: <https://bmcmwomenshealth.biomedcentral.com/articles/10.1186/s12905-020-01149-5>

²From: <https://dailybruin.com/2022/04/17/ucla-supplies-free-menstrual-products-in-restrooms-regardless-of-gender>

³From: <https://www.usfca.edu/who-we-are/reinventing-education/our-mission-and-values>

⁴From: <https://myusf.usfca.edu/usf-together/on-campus/prevention-program/cleaning-disinfecting/custodial-services>



Whereas: Stated by a member of Advocacy Committee, Sofia Fontana:

“I think USF should live up to its mission of cura personalis through accessibility. There has been an increase in food insecurity on campus, which means that expensive sanitary items are even less accessible. Menstrual cycles are also unpredictable, which could interfere with academics if there is no accessibility to pads. USF should feel safe, supportive, and accessible for all, to get what they need to be personally and academically successful. All sanitary products should be free and accessible, and USF making sure pads are stocked is one step in the right direction“

Whereas: the facilities website writes that consumables in the restrooms are restocked daily⁴; therefore, be it

Resolved by the Associated Students of the University of San Francisco Senate in its role as the sole representative body of all the undergraduates students of the University of San Francisco, that the following be enacted:

Resolved: A more concerted effort from Facilities management to restock menstrual pads in *all* bathrooms daily, as indicated in their website, so they are readily available for all students.

Resolved: Facilities management will ensure there are pads in all bathrooms at any given time.

Submitted by:

Sofia del Rosario, Pre-Medicine Student Representative

Supported by:

Natalie Macias, *Director of Health Promotion Services*

Presented to the Senate on:

October 12, 2022

Passed by the Senate on:

October 26, 2022

Signed by:



A handwritten signature in black ink, appearing to read 'Ethan Lee-Bellows'. The signature is fluid and cursive, with a large, stylized 'E' and 'L'.

Ethan Lee-Bellows
ASUSF President